

# HDM MENUS FOR FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JAN. 30</b> Beef Stew Red Potatoes Corn Cabbage Slaw Wheat Bread Fruit Yogurt Milk	<b>31</b> Beef Barley Soup Baked Tilapia Brown Rice Mixed Veggies Saltine Crackers Canned Pears Milk	<b>FEB. 1</b> Beef & Bean Chili Green Beans Beet Salad Corn Bread Mandarin Oranges Milk	<b>2</b> Minestrone Soup Chicken Parmesan Pasta Broccoli Garlic Bread Fresh Fruit Milk	<b>3</b> Roast Beef w\ Gravy AuGratin Potato Carrots Caesar Salad Wheat Bread Carrot Cake Milk
<b>6</b> Baked Fish w\ Lemon Sauce Baked Potato Spinach Carrot Salad Wheat Bread Fruit Cocktail Milk	<b>7</b> Corn Chowder Saltine Crackers Polynesian Chicken Salad Wheat Roll Fruit Compote Milk	<b>8</b> Salisbury Steak Mashed Potato Cauliflower w/ Cheese Sauce Cole Slaw Wheat Bread Oatmeal Cookie Milk	<b>9</b> Minestrone Soup Baked Ziti Casserole Broccoli & Carrots Garlic Bread Fruit Yogurt Milk	<b>10</b> Chicken Jambalaya Brown Rice Green Beans Beet Salad Corn Bread Fresh Fruit Milk
<b>13</b> Meatloaf w\ Gravy Mashed Potato Mixed Veggies Broccoli Slaw Wheat Bread Canned Pears Milk	<b>14 VALENTINE'S DAY</b> Beef Noodle  Soup Saltine Crackers Orange Glazed Chicken Rice Pilaf Carrots Pink Cake Milk	<b>15</b> Pork Roast Applesauce Sweet Potato Green Beans Beet Salad Wheat Bread Fresh Fruit Milk	<b>16</b> Vegetable Soup Stir Fry Chicken Brown Rice Spinach Saltine Crackers Citrus Gelatin Milk	<b>17</b> Italian Meatballs Pasta Carrots Green Salad Garlic Bread Canned Plums Milk
<b>20</b>  <b>PRESIDENTS'                      DAY</b>  <b>HOLIDAY</b>  ALL CENTERS CLOSED	<b>21</b> Roast Chicken Scalloped Potatoes Italian Veggies Green Salad Wheat Bread Apricots Milk	<b>22</b> Vegetable Lasagna Broccoli 4 Bean Salad Garlic Bread Pineapple Milk	<b>23</b> Lentil Soup Saltine Crackers Chicken Caesar Salad Wheat Roll Mandarin Oranges Milk	<b>24</b> Beef Enchilada Casserole Baked Squash Cole Slaw Wheat Bread Fresh Fruit Milk
<b>27</b> Meatloaf w\ Spanish Sauce Mashed Potato Spinach Beet Salad Wheat Bread Canned Pears Milk	<b>28</b> Vegetable Soup Saltine Crackers BBQ Pulled Pork Sandwich Spinach Canned Plums Milk	<b>29</b> Chicken Tostada Spanish Rice Black Beans Lettuce/Tomato Salsa Pineapple Milk	<b>MAR. 1</b> Roast Turkey Cranberries Sweet Potato Summer Squash Tomato Salad Wheat Bread Fruit Yogurt Milk	<b>2</b> Split Pea Soup Saltine Crackers Tuna Salad Sandwich Carrot Salad Lettuce/Tomato Fresh Fruit Milk

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

YOU MUST BE HOME BETWEEN 10:30 – 1:00 TO RECEIVE YOUR MEAL

IF YOU NEED TO CANCEL – PLEASE CALL 1-818-238-5357 OR 1-818-238-5366

\$3.00 PER MEAL CAN BE GIVEN TO THE DRIVER WEEKLY OR MONTHLY. THANK YOU.