

# MENUS FOR JANUARY 2012

FEBRUARY MENU ON OTHER SIDE

(OVER)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>NEW YEAR'S</b></p> <p><b>HOLIDAY</b> <b>(OBSERVED)</b></p> <p>ALL CENTERS CLOSED</p>	<p><b>3</b></p> <p>Orange Glazed Chicken Baked Potato Broccoli 4 Bean Salad Wheat Bread Canned Pears Milk</p>	<p><b>4</b></p> <p>Pork Roast <i>OR</i> Crispy Fish Applesauce Sweet Potato Green Beans Green Salad Wheat Bread Citrus Gelatin Milk</p>	<p><b>5</b></p> <p>Vegetable Soup Stir Fry Chicken Brown Rice Spinach Saltine Crackers Fresh Fruit Milk</p>	<p><b>6</b></p> <p>Italian Meatballs Pasta Carrots Green Salad Garlic Bread Canned Plums Milk</p>
<p><b>9</b></p> <p>Vegetable Lasagna Broccoli 4 Bean Salad French Bread Pineapple Milk</p>	<p><b>10</b></p> <p>Lentil Soup Saltine Crackers Chicken Caesar Salad Wheat Roll Fresh Fruit Milk</p>	<p><b>11</b></p> <p>Beef Enchilada Casserole Baked Squash Cole Slaw Wheat Bread Canned Peaches Milk</p>	<p><b>12</b></p> <p>Chicken Tortilla Soup Roast Pork w\ Applesauce Red Potatoes Carrots Wheat Bread Mand. Oranges Milk</p>	<p><b>13</b></p> <p>Roast Chicken Scalloped Potatoes Broccoli Mixed Salad Wheat Bread Oatmeal Cookie Milk</p>
<p><b>16</b></p> <p><b>MARTIN LUTHER KING, JR.</b></p> <p><b>HOLIDAY</b></p> <p>ALL CENTERS CLOSED</p>	<p><b>17</b></p> <p>Meatloaf w\ Spanish Sauce Mashed Potato Spinach Beet Salad Wheat Bread Canned Pears Milk</p>	<p><b>18</b></p> <p>Split Pea Soup Saltine Crackers Tuna Salad Sandwich Carrot Salad Lettuce/Tomato Chocolate Chip Cookie Milk</p>	<p><b>19</b></p> <p>Chicken Tostada Spanish Rice Black Beans Lettuce/Tomato Salsa Pineapple Milk</p>	<p><b>20</b></p> <p>BBQ Pulled Pork Sandwich Baked Beans Cole Slaw Fresh Fruit Milk</p>
<p><b>23</b><u>CHINESE NEW YEAR</u></p> <p>Won Ton Soup Chinese Chicken Salad Wheat Roll Sherbet Milk</p>	<p><b>24</b></p> <p>Swedish Meatballs Noodles Red Cabbage Green Salad Wheat Bread Fruit Cocktail Milk</p>	<p><b>25</b></p> <p>BBQ Chicken Sweet Potato Green Beans Tomato Salad Wheat Bread Fresh Fruit Milk</p>	<p><b>26</b></p> <p>Vegetable Soup Saltine Crackers Baked Fish w/ Spanish Sauce AuGratin Potato Peas Choc. Brownie Milk</p>	<p><b>27</b></p> <p>Beef &amp; Broccoli Stir Fry Brown Rice Asian Slaw Chinese Noodles Fruit Compote Milk</p>
<p><b>30</b></p> <p>Beef Stew Red Potatoes Corn Cabbage Slaw Wheat Bread Ice Cream Milk</p>	<p><b>31</b></p> <p>Beef Barley Soup Baked Tilapia Brown Rice Italian Veggies Saltine Crackers Canned Pears Milk</p>	<p><b>FEB. 1</b></p> <p>Beef &amp; Bean Chili Green Beans Beet Salad Corn Bread Mandarin Oranges Milk</p>	<p><b>2</b></p> <p>Minestrone Soup Chicken Parmesan Pasta Broccoli Garlic Bread Fresh Fruit Milk</p>	<p><b>3</b></p> <p>Roast Beef w/ Gravy Au Gratin Potatoes Carrots Caesar Salad Wheat Bread Carrot Cake Milk</p>

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

# MENUS FOR FEBRUARY 2012

JANUARY MENU ON OTHER SIDE  
AMERICAN HEART ASSOCIATION MONTH

(OVER)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JAN. 30</b> Beef Stew Red Potatoes Corn Cabbage Slaw Wheat Bread Ice Cream Milk	<b>31</b> Beef Barley Soup Baked Tilapia Brown Rice Italian Veggies Saltine Crackers Canned Pears Milk	<b>FEB. 1</b> Beef & Bean Chili Green Beans Beet Salad Corn Bread Mandarin Oranges Milk	<b>2</b> Minestrone Soup Chicken Parmesan Pasta Broccoli Garlic Bread Fresh Fruit Milk	<b>3</b> Roast Beef w/ Gravy Au Gratin Potatoes Carrots Caesar Salad Wheat Bread Carrot Cake Milk
<b>6</b> Baked Fish w/ Lemon Sauce Baked Potato Spinach Carrot Salad Wheat Bread Fruit Cocktail Milk	<b>7</b> Corn Chowder Saltine Crackers Polynesian Chicken Salad Wheat Roll Fruit Compote Milk	<b>8</b> Salisbury Steak Mashed Potato Cauliflower w/ Cheese Sauce Cole Slaw Wheat Bread Oatmeal Cookie Milk	<b>9</b> Minestrone Soup Baked Ziti Casserole Broccoli & Carrots Garlic Bread Sherbet Milk	<b>10</b> Chicken Jambalaya Brown Rice Green Beans Beet Salad Corn Bread Fresh Fruit Milk
<b>13</b> Meatloaf w/ Gravy Mashed Potato Mixed Veggies Broccoli Slaw Wheat Bread Canned Pears Milk	<b>14 VALENTINE'S DAY</b> Beef Noodle Soup Saltine Crackers Orange Glazed Chicken Rice Pilaf Carrots Pink Cake Milk	<b>15</b> Pork Roast <i>OR</i> Crispy Fish Applesauce Sweet Potato Green Beans Beet Salad Wheat Bread Fresh Fruit Milk	<b>16</b> Vegetable Soup Stir Fry Chicken Brown Rice Spinach Saltine Crackers Citrus Gelatin Milk	<b>17</b> Italian Meatballs Pasta Broccoli Green Salad Garlic Bread Canned Plums Milk
<b>20</b> PRESIDENTS' DAY  HOLIDAY  ALL CENTERS CLOSED	<b>21</b> Roast Chicken Scalloped Potatoes Italian Veggies Green Salad Wheat Bread Apricots Milk	<b>22</b> Vegetable Lasagna Broccoli 4 Bean Salad Garlic Bread Pineapple Milk	<b>23</b> Lentil Soup Saltine Crackers Chicken Caesar Salad Wheat Roll Mandarin Oranges Milk	<b>24</b> Beef Enchilada Casserole Baked Squash Cole Slaw Wheat Bread Fresh Fruit Milk
<b>27</b> Meatloaf w/ Spanish Sauce Mashed Potato Spinach Beet Salad Wheat Bread Canned Pears Milk	<b>28</b> Vegetable Soup Saltine Crackers BBQ Pulled Pork Sandwich Spinach Canned Plums Milk	<b>29</b> Chicken Tostada Spanish Rice Black Beans Lettuce/Tomato Salsa Pineapple Milk	<b>MAR. 1</b> Roast Turkey Cranberries Sweet Potato Summer Squash Tomato Salad Wheat Bread Ice Cream Milk	<b>2</b> Split Pea Soup Saltine Crackers Tuna Salad Sandwich Carrot Salad Lettuce/Tomato Fresh Fruit Milk

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