

# TUTTLE TALES



**Don Tuttle Adult Center**  
1731 North Ontario Street  
Burbank, CA 91505  
818.238.5367

## weekly activities

- Mondays, 9:30 a.m. .... **Public Speaking Group** with Ron Coyne \*
- Mondays, 9:30 a.m. .... **Wii Virtual Bowling** with Bob Cummings \*
- Mondays, 12:30 p.m. .... **Texas Hold-em** - Learn and play.
- Mondays, 12:30 p.m. .... **Surfing the Web** - Learn how to use the Internet with Dwight Randall \*
- Tuesdays & Fridays, 9:30 a.m. ... **Morning Workout - fitness class** with Christina Abad \*
- Tuesdays, 12:30 p.m. .... **Table Games/Learn to play 'Skip-Bo'** (except 3rd Tuesday) with Yolanda McGinnis \*
- Tuesdays, 12:30 p.m. .... **Square Dancing** with John Hyde \*
- Wednesdays, 9:30 a.m. .... **Country Line Dance Class** with Ron Black\*
- Wednesdays, 12:30 p.m. .... **Jewelry Making Class** with Dutch Stowe\*
- Wednesdays, 12:30 p.m. .... **Mellowtones Choral Group** —Call for try-outs!
- Thursdays, 12:30 p.m. .... **Fun with Piano** with Joan Berg \*
- Fridays, 12:30 p.m. .... **Bingo for a Buck** with Syra Donoyan\*
- Fridays, 12:30 p.m. .... **Basic Spanish Class** with Ken Truitner\*

## monthly & special activities

- Wed., February 1, 9:30-11:00 a.m. .... **Blood Pressure Check** —Home Health Services (1st Wednesday of every month.)
- Wednesday, February 8, 9:30 a.m. .... **Young at Heart Meeting** (2nd Wednesday of every month.)
- Tuesday, February 14, 10:00 a.m. .... **Valentine's Day Celebration** — Join us for a celebration of friendship.
- Thursday, February 16, 10:00 a.m. .... **Healthy Living: Social Security Update** — Changes for 2012 presented by a representative of the Social Security Administration.
- Friday, February 24, 10:00 a.m. .... **Monthly Birthday/Anniversary Celebrations.** (Last Friday of every month.)

Sign-up required

\* RSVP Volunteer

Sylvia Guerra, Site Manager  
and Drew McDaniel

# February



**Tuttle Adult Center**  
Hours of Operation:  
Mon-Fri, 9:00 a.m.-2:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>Square Dancing!</b></p>  <p>Learn how to square dance at Tuttle. Tuesdays at 12:30 p.m. with John Hyde.</p>		<p><b>1</b> 9:00 a.m.—Blood Pressure Check 9:30 a.m.—Line Dancing 12:30 p.m.—Mellowtones</p>	<p><b>2</b> 9:30 a.m.—Balance &amp; Emotion Group <input checked="" type="checkbox"/> 12:30 p.m.—Fun with Piano</p>	<p><b>3</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Bingo</p>
<p><b>6</b> 9:30 a.m.—Public Speaking 9:30 a.m.—Wii Bowling 12:30 p.m.—Texas Hold-em 12:30 p.m.—Surfing the Web</p>	<p><b>7</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Square Dancing 12:30 p.m.—Table Games/Learn Skip-Bo</p>	<p><b>8</b> 9:30 a.m.—Young at Heart Club Meeting 9:30 a.m.—Line Dancing 12:30 p.m.—Mellowtones</p>	<p><b>9</b> 9:30 a.m.—Balance &amp; Emotion Group <input checked="" type="checkbox"/> 12:30 p.m.—Fun with Piano</p>	<p><b>10</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Bingo 12:30 p.m.—Spanish Class</p>
<p><b>13</b> 9:30 a.m.—Public Speaking 9:30 a.m.—Wii Bowling 12:30 p.m.—Texas Hold-em 12:30 p.m.—Surfing the Web</p>	<p><b>14</b> 9:30 a.m.—Morning Workout 10:00 a.m.—<b>Valentine's Day Celebration</b> 12:30 p.m.—Square Dancing 12:30 p.m.—Table Games/Learn Skip-Bo</p>	<p><b>15</b> 9:30 a.m.—Line Dancing 12:30 p.m.—Mellowtones</p>	<p><b>16</b> 9:30 a.m.—Balance &amp; Emotion Group <input checked="" type="checkbox"/> 10:00 a.m.—<b>Healthy Living: Social Security Update</b> 12:30 p.m.—Fun with Piano</p>	<p><b>17</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Bingo 12:30 p.m.—Spanish Class</p>
<p><b>20</b> All Burbank Facilities are closed for <b>Presidents' Day</b></p>	<p><b>21</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Square Dancing 12:30 p.m.—Table Games/Learn Skip-Bo</p>	<p><b>22</b> 9:30 a.m.—Line Dancing 12:30 p.m.—Jewelry Making Class 12:30 p.m.—Mellowtones</p>	<p><b>23</b> 9:30 a.m.—Balance &amp; Emotion Group <input checked="" type="checkbox"/> 12:30 p.m.—Fun with Piano</p>	<p><b>24</b> 9:30 a.m.—Morning Workout 10:00 a.m.—<b>Birthdays, &amp; Anniversaries</b> 12:30 p.m.—Bingo</p>
<p><b>27</b> 9:30 a.m.—Public Speaking 9:30 a.m.—Wii Bowling 12:30 p.m.—Texas Hold-em 12:30 p.m.—Surfing the Web</p>	<p><b>28</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Square Dancing 12:30 p.m.—Table Games/Learn Skip-Bo</p>	<p><b>29</b> 9:30 a.m.—Line Dancing 12:30 p.m.—Jewelry Making Class 12:30 p.m.—Mellowtones</p>	<p><b>Mar 1</b> 9:30 a.m.—Balance &amp; Emotion Group <input checked="" type="checkbox"/> 12:30 p.m.—Fun with Piano</p>	<p><b>2</b> 9:30 a.m.—Morning Workout 12:30 p.m.—Bingo 12:30 p.m.—Spanish Class</p>